



**Eastern Cheshire  
Clinical Commissioning Group**



# Capped Expenditure Programme & Home First

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*Inspiring Better Health and Wellbeing*

## Capped Expenditure Programme....

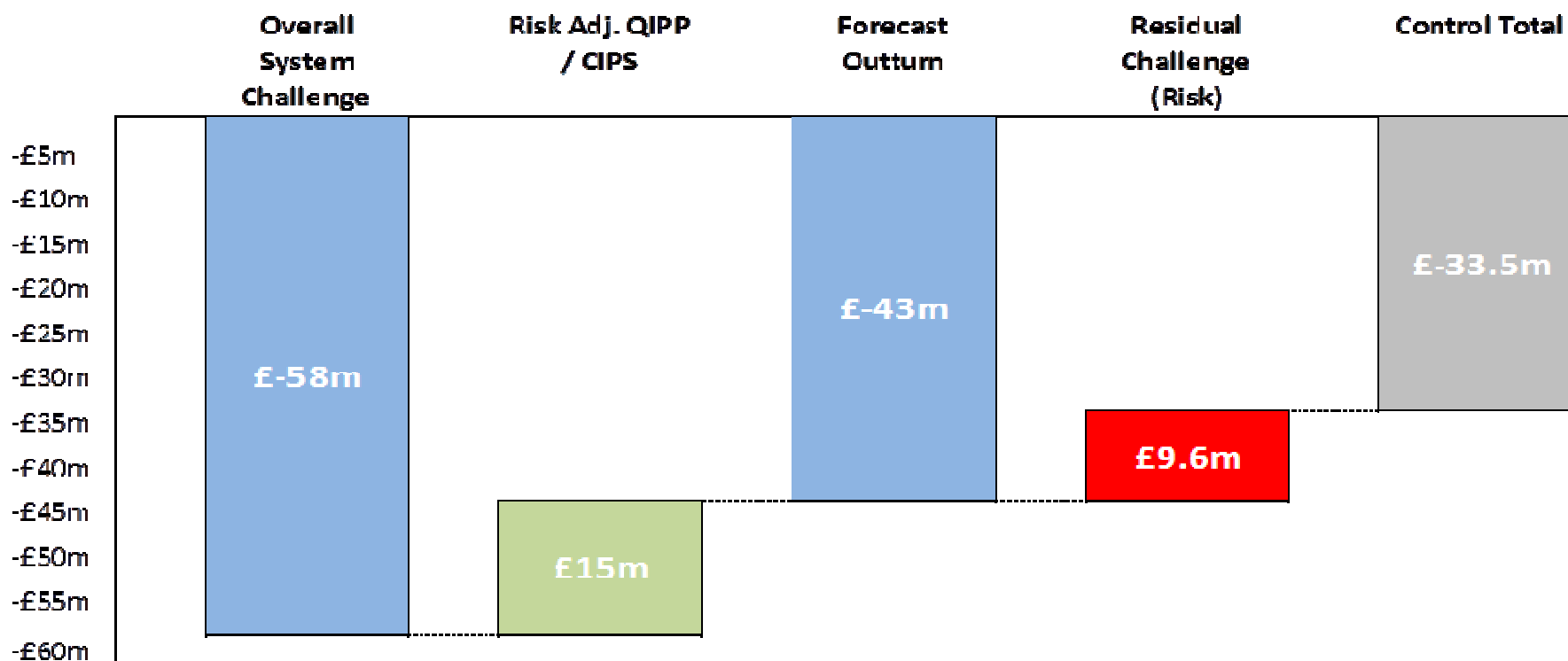
- Programme sponsored by NHS England & NHS Improvement
- Areas that have not agreed a balanced financial plan / unlikely to deliver
- Produce a set of “affordable plans” for 2017/18
- Focus on expenditure opposed to organisational boundaries
- “Think the unthinkable”

## Context....

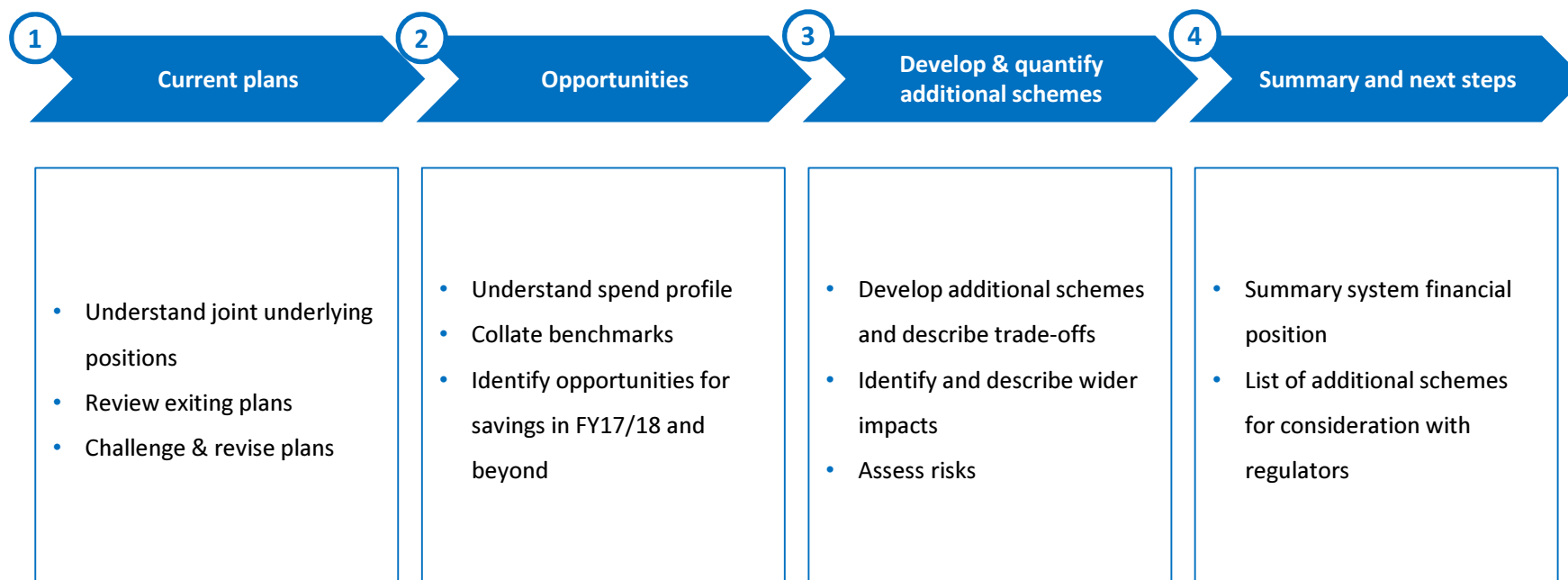
CEP – Eastern Cheshire CCG

East Cheshire Trust

Cheshire & Wirral Partnership Trust (part only)



# Process....



## CHC Spend High

A range of benchmarks suggest that a significant share of savings likely to be achievable have been underpinned by 17/18 plans

# Additional Savings Ideas....

Initial Options drafted

- 1) CEP Compliant – Reduce cost of system £13m
- 2) CEP Non Compliant – Improve commissioner £5m (worsen providers)

Assessed against....		Patient Outcomes	
National Policy	Constitution	CEP Principles	
Competition	Patient Choice	Legal Challenge	
Deliverability	Patient Experience		

Number of submissions to regulators between April 17 – October 17

## Outcome....

No identified additional savings schemes implemented 17/18

System position improved £43m v £38m (17/18 outturn)

Stopped all savings plans that impacted on individual organisations

Open book approach

Identified joint initiatives for 18/19-

High Cost Drugs, Caring Together Programme, Estates

2018/19-

Block Contract (stability)

Joint planning assumptions

National - Production of CEP Lite Principles

Positive Experience / Process

## Home First Approach....

- Home First is an approach to supporting people to receive care and support at home or to return home after a period in hospital or short term care
- Home First includes a range of services including frailty, intermediate care, reablement, integrated discharge, etc. and requires the services to work together to provide the right care for people when they have an increased level of need which is compromising their independence and ability to cope at home

## Home First Governance....

- Home First reports via the Eastern Cheshire Accident and Emergency Delivery Board and the Operational Resilience Group
- Home First is funded through a mix of mainstream funding and the BCF and iBCF

### 1. Frailty

- Education and training across health and care system
- Robustly apply



# Home First Plan....

1. Discharge to Assess	
Develop and adopt the Home First approach across all health and care services	<ul style="list-style-type: none"><li>• Implement Home First model for assessment out of hospital on discharge</li><li>• Achieve target of 85% of Health care Assessments being outside of hospital</li><li>• Establish 5 care communities</li><li>• Reduce the Delayed Transfers of Care (DTOCs)by developing a Trusted Assessor approach</li><li>• Develop service specification and procure short term community beds through a block contract within iBCF funding</li><li>• Integrated existing rapid response functions at home - Wraparound care with iBCF funding</li><li>• Strengthen arrangements for the GP cover for short term community beds</li><li>• Develop new contracting model and procurement for care homes and domiciliary care</li><li>• Expand care sourcing team</li></ul>
Extend the single point of contact	
Review Delayed Transfers of Care (DTOCs) position and community services for older people	
2. Frailty	
Education and training across health and care services	<ul style="list-style-type: none"><li>• Roll out education and training plan</li><li>• Set up frailty assessment area in hospital with direct access to hospital and community older peoples services</li><li>• Strengthen frailty support to primary care</li></ul>
Robustly apply the national standardised Comprehensive geriatric assessment and frailty criteria across all health and care services	